CALM’s mission is to prevent, assess and treat child abuse in Santa Barbara County by providing comprehensive, culturally competent services for children, adults and families.

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Throughout this report, you will see artwork created by CALM’s clients. We invite you to look through the pages so that you can see and feel the impact CALM has made on the lives of the children we serve.
These effects reach far beyond the obvious pain and suffering of an individual child. Untreated early trauma impacts children’s brain development, their ability to learn in school and their ability to form healthy relationships. In addition, we know that childhood trauma can lead to devastating long-term health outcomes.

Studies have shown that victims of significant abuse, neglect or domestic violence are:

- 12 times more likely to attempt suicide
- 7 times more likely to be an alcoholic
- 5 times more likely to experience depression
- 76% more likely to require special education
- 60% more likely to have a juvenile arrest
- 28% more likely to have a criminal record
- Likely to earn on average $6,000 less per year.

These lifetime effects carry real costs to our community. It is estimated that a single case of child abuse or neglect costs more than $200,000 across a lifetime.

At CALM, we are working every day to prevent child abuse from occurring at all, and to identify it early and intervene when it does. We have built strong partnerships with preschools so that we are supporting optimal development in the early years. We are working to develop and expand partnerships with health care providers who treat young children because we know that children under three are at the greatest risk.

By reaching beyond the walls of our offices, beyond the homes of children and families we serve, we can create the social change necessary to support and strengthen all families. Our partnerships with schools, law enforcement, family resource centers and health care providers serve to create a web of caring for children throughout our County.

Every day, I am inspired by the work of CALM’s staff. I am equally inspired by the strong support we receive from our community.

Every day, I am inspired by the work of CALM’s staff. I am equally inspired by the strong support we receive from our community.
**calm** is Countywide

Thank you to our devoted staff members who are collectively responsible for implementing CALM’s vital programs, as well as providing outstanding service to the most vulnerable in our community.

**Leadership Team**

- Alana Walczak
  Chief Executive Officer
- Michael Evans
  Chief Financial Officer
- Lori Lander Goodman, MSW
  Chief Development Officer
- Deborah Holmes, LCSW
  Chief Program Officer
- Jessica Adams, PhD
  Director, Prevention and Treatment, South County
- Anita Fernandez-Low, LCSW
  Director, Intensive Community-Based Treatment
- Scott Whiteley, PhD
  Director of Prevention and Treatment, North County

**CALM 2016 at a Glance**

- 15,000 hours of treatment
- 86 practitioners
- 1,800 children and family members served
- 3 offices
- 7 Family Resource Center locations
- 8 preschool-embedded locations
- $6.9m operating budget
CALM will not be silent for as long as it takes.

- More than 50% of CALM’s programs focus on positive parenting and prevention services.
- CALM provided 946 home visits to families with young children to help prevent child abuse in 2015.
- CALM’s Front Porch prevention program has reduced re-referrals to Child Welfare Services from 25% to 2%.
- 19% of CALM’s new clients have been referred by current or former clients.
- One-third of CALM programs focus on early childhood treatment.
- 45% of all CALM’s clients are seen in Northern Santa Barbara County.
- CALM staff delivered 2 million service minutes to nearly 2,000 clients in FY 2015-2016.
- 850 children attended a preschool with a CALM embedded consultant last year.

I WILL NOT BE SILENT
Financial Information 2015-2016*

Sources of Support $6,554,781

- Endowment Draw $500,000 (8%)
- Program Service Revenue $72,668 (1%)
- Contributions and Grants $5,747,391 (88%)
- Contributions, Special Events $1,378,520
- Restricted Grants/Contracts $4,368,871
- Net Asset Contribution $200,000 (3%)
- Contributed Services $34,722 (<1%)

Operating Expenses $6,701,319

- Management $782,327 (12%)
- Fundraising $480,500 (7%)
- Program $5,438,492 (81%)

Additional $912,830 in pledges received for future years

* Financials not yet audited. For complete financial information, visit calm4kids.org

TRUSTEES
- Rosa E. Alvarado
- Crystal Bedolla
- Arlene Bergman*
- Walter Bies
- Alex Craigie
- Larry Durham
- Tricia Fahnoe
- Bridget Foreman, CPA
- Thomas Garcia, Esq.
- Mary Hanson
- Susan Henry
- Kristine M. Jacquin, PhD
- Jenny Kearns
- Benjamin Lading, Esq.
- Judy Markline
- Edward J. McKinley
- Liam Murphy
- Ray Olmstead
- Steven Powell
- Caroline Powers
- Stephanie Sokolove

HONORARY TRUSTEES
- Margo Chapman
- Donna L. Friess, PhD
- Anna M. Kokotovic, PhD

* in memoriam

NORTH COUNTY ADVISORY COMMITTEE
- Peggy Blough Chair
- Craig Bonner
- Amy Curti
- Kim Davis
- Shannon Elliott
- Nadia Frakes
- Mike Gibson
- Judy Mackey
- Judy Markline
- Candice Monge
- Barbara Ramirez-Stickler
- Roberto Rodriguez
- Clay Turner
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- Adele Rosen
- Maryan S. Schall, PhD
- Harvey Wolf, Esq.

* Financials not yet audited. For complete financial information, visit calm4kids.org
**I AM HONORED TO SERVE** as CALM’s newest president. I am impressed with the thoughtfulness, dedication, and professionalism that CALM staff and CALM Board members bring to their work every day.

One of my goals for CALM is to educate the community about the immense challenges CALM faces on a daily basis. Our county is no different from any other county in the nation, with the exception that we have resources like CALM to do something about children suffering from abuse, neglect, and trauma.

CALM not only provides therapy to help children heal from trauma, but we also wrap our arms around our families, supporting them with safety planning, accessing basic needs, and strengthening parenting in order to achieve the best possible outcomes. Many parents do not have the support they need to do their best for their children.

CALM is here to help.

We have big tasks ahead of us. Over the past five years, we have increased the number of children and families we serve through expanded programs, and we still have waiting lists that are too long. We have begun to strategically develop an expanded infrastructure throughout the county to serve even more children who are seeking our help every day.

I look forward to partnering with you—our community, our donors, our supporters—to continue strengthening families in our county. Together, we can change the trajectory of our children’s lives.

**We fondly remember Arlene Bergman, 1945-2016**

Arlene joined the CALM Board in 2013. She stepped into leadership right away, chairing the Marketing committee. She later joined the Executive Committee of the Board and she was serving on the CALM for Kids Campaign Cabinet. She cared deeply about the work of CALM. Arlene helped CALM think about how to tell stories and how to spread the word. We will miss her warmth, graciousness, and kind spirit.

CALM is here to help. Together, we can change the trajectory of our children’s lives.

Dan Moll  
CALM President, 2016-2017
#calm in the Community

**CALM4kids**
Santa Maria Color Run

CALM staff show their true colors #SantaMariaUnite #KidsFirst #FunRun

**CALM4kids**
Santa Barbara Museum of Art

CALM’s wellness buddies meet up for an evening of art and culture #WellnessBuddies #TeamBuilding #LiveLearnCALM

**CALM4kids**
Santa Barbara County Commission for Women

SBC Commission on Women recognizes CALM #IWillNotBeSilent #CALM4kids

Connect with CALM on Facebook, Instagram and Twitter!
Recognizing Donors Peggy and Dan Blough

Peggy and Don have been married for over 40 years. They started their business in real estate development and construction, brokerage and lending in the late ’70s and after 35 years they sold Coldwell Banker Dan Blough & Associates to their partner in 2006. Peggy joined CALM’s North County Advisory Committee in 2013 and has played a pivotal role in introducing CALM to the Santa Maria philanthropic community. Together, she and Dan have hosted events for CALM and have introduced CALM to their friends and neighbors.

Recently, Peggy and Dan decided to do what they could to ensure that CALM would continue to serve the children of the Santa Maria Valley into the future. They put CALM into their estate plan. “It’s important to us to support charitable organizations that do the most good,” said Peggy. “By making CALM part of our estate plan, we know our gift will have a lasting impact in our community.”

CALM thanks Peggy and Dan for ensuring CALM’s future!

Children’s Legacy Society

Members of the Children’s Legacy Society have expressed their commitment to CALM by making a bequest to CALM in their will, or by creating a Charitable Remainder Trust with CALM as a beneficiary. For more information on how you can make CALM part of your legacy, please contact the Development Office at (805) 965-2376.

Anonymous
Peggy and Dan Blough
Nancy and Tom Bollay
Ada-Marie Bowers*
Anna and Petar Kokotovic
William Ledbetter*

Allegra Lewis*
Sandra and Gene Robertson
Adele Rosen
Maryan and Richard* Schall
Leah and Robert Temkin

“I have been quiet for a long time about what I went through. I will not be silenced though. Tell someone—you are worth it. A good person doesn’t seek to destroy life and beauty in another.”

– CALM client

Thank you to these visionaries who have named CALM as the beneficiary of a planned gift and helped to secure CALM’s future.

* in memoriam
Ladies Get Loud for calm

Ladies Get Loud for CALM

On April 28, 2016, CALM supporters learned how CALM is working to end child abuse in North County while local “celebrities” served good eats and fine drinks.

ROAR! Presenting Sponsor
SESLOC Federal Credit Union

Scream and Shout
Allan Hancock College
Brannon Inc. dba Smith Electric Service
CoastHills Credit Union
GLR Construction, Inc.
Judy and Charlie Markline
Toyota and Honda of Santa Maria

Stomp and Yell
Community Bank of Santa Maria
Nancy and Tom Bollay
D’Arcy and Mark Cornwall
EHS Construction
Senior Living Resources
Santa Maria Valley YMCA

Special thanks to our generous sponsors!

L to r: Jane Parker, Becky Tammar, Lisa Long, Terri Lee Coleman

L to r: Sharon Miers, Terri Patino, Lisa Murray

L to r: Jen Kopcho, Megan Porcho, Andrea Slover, Lizzet Cuadros, Mary Duncan, Sarah Enos.
Front Row: Kara Walker, Amy Curti, Cristal Burkett

Ladies Get Loud “celebrity” waiters
CALM at Heart: Reflections

On November 14, 2015, CALM’s supporters and friends enjoyed great food and dancing while learning how our programs can change the trajectory of a child’s life.

Special thanks to our generous sponsors!

Howl
Patricia and Larry Durham

Bellow
Deckers Brands
Montecito Bank & Trust
Stephanie and Jim Sokolove

Call
Nancy and Tom Bollay
Fell, Marking, Abkin, Montgomery, Granet and Raney LLP
Mary and Rowland Hanson
Maureen Harmon
Maryan Schall
The Susanne and Gary Tobey Family Foundation

Yell
Anonymous
Bartlett, Pringle & Wolf, LLP
Crystal Bedolla
Louise and Timothy Casey
Cottage Children’s Medical Center
Heather and Alex Craigie
Ginni and Chad Dreier
Susan and J.C. Henry
Ray Olmstead
Sherri and Jack Overall
Ro and Rick Sanders
The Work We Do at calm

“Doing this has been the best decision I’ve ever made for my family.”
Mother of two

“I will not be silent or fearful.”
Domestic violence survivor

CALM’s continuum of care enables us to prevent and treat child abuse. We assess our work consistently to make sure that we are successfully changing children’s lives. CALM believes that every child deserves to be loved and no one should suffer from abuse or neglect. All our work is designed to strengthen families, provide health and safety for children, and build a world free of abuse.

**Great Beginnings: Early Childhood Prevention and Intervention**

Great Beginnings serves families with children prenatal – 5 and is aimed toward prevention and early intervention. **Great Beginnings programs include:**

- Healthy Families Home Visitation
- Individual Parent Support
- Parent Child Therapy
- “Katie A’ Assessments
- Newborn Home Visitation

**Parenting and Family Programs**

We know we must work to strengthen and support the entire family to heal a child and to prevent abuse. Program services focus on increasing parental support, reducing stress, and increasing the use of positive parenting practices. **Parenting programs include:**

- Domestic Violence Group Treatment
- Front Porch
- Positive Parenting Program
- Parenting for Resilience and Recovery
**Child Trauma Treatment**

CALM’s Child Trauma Treatment program helps children of all ages and their families who have experienced sexual abuse, physical abuse, violence in their homes, or neglect. **Treatment programs include:**

- Child Abuse/Family Violence Treatment
- Child Sexual Abuse Treatment
- Juvenile Offender Treatment
- HEAL – Group for Adults Abused as Children

**Whatever It Takes: Intensive Family Services**

The Whatever It Takes team provides intensive therapeutic interventions to children and families. WIT clients have the highest level of need for mental health interventions because of their histories of abuse, trauma and neglect, severe emotional disturbance or mental illness. **WIT programs include:**

- Intensive In-Home Services
- Family Treatment Drug Court
- HOPE – Helping Others in Parenting Environments
- SPIRIT

**Community Strengthening Collaborations**

CALM partners with many other organizations to support them in their work with children. Our partnerships include schools, law enforcement, family resource centers and health care providers. By engaging with all organizations and systems that work with children, CALM can help strengthen our community, and all of our caregivers, to make lasting changes. **Partnerships include:**

- Safety Training for School-Aged Children
- Early Childhood Mental Health Consultation
- SART – Sexual Assault Response Team
- Proyecto HEROES

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**The Work We Do at calm**

**CALM Clients receiving treatment services due to abuse:**

- **38%** witnessed domestic violence
- **26%** experienced neglect or abandonment
- **20%** experienced physical abuse
- **16%** experienced sexual abuse

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*Calm is fun because you get to tell your therapist anything.*
THE CALM AUXILIARY HAS PLAYED an instrumental role in sustaining the great legacy of CALM and ensuring the vital work of the organization.

In 2015-2016, the Auxiliary hosted the Annual Celebrity Authors’ Luncheon and Wine, Jewelry, Chocolate, as well as supported the Antiques, Decorative Arts & Vintage Show and Sale to raise much needed funds to continue the important work Claire Miles began over forty years ago.

2016 CALM 30th Annual Celebrity Authors’ Luncheon

On April 2, 2016, the CALM Auxiliary produced the Celebrity Authors’ Luncheon, co-chaired by Carolyn Gillio and Becky Cohn (pictured at left along with the authors). Interviewed authors this year included Hank Phillippi Ryan, Say No More, Gregg Hurwitz, Orphan X; Meg Waite Clayton, The Race to Paris; and Frances Schultz, The Bee Cottage Story. Andrew Firestone served as Master of Ceremonies.

A special thank you to our generous sponsors!

Bestseller
Anonymous
Mrs. Dolly Granatelli
Montecito Bank & Trust

First Edition
Carolyn & Dennis Gillio
and Alan & Kathy Van Vliet
Charmaine and Tom Rogers

Poet Laureate
Walter C. Dukes, DDS
Loreto Plaza Shopping Center
Tony & Kyra Rogers Foundation
Carol Lee Skinner
Leah & Robert Temkin
Venoco Inc.
Jim & Marcia Wolfe
Nadine Zysman

Underwriting
Sebastiano & Carole Sterpa
April Thede
Maryan Schall
Suni & Ray Thomas
Marguerite & Richard Berti
Becky & Marty Cohn
MarBorg Industries
Doris Stitz Medved
Zoe Schultz

2016 Claire Miles Award:
Doris Stitz Medved

The CALM Auxiliary established the Claire Miles Award in tribute and memory of Claire Miles and her dedication and commitment to keeping children safe in our community. This year, the Auxiliary honored Doris Stitz Medved for her commitment to CALM.

We thank the CALM Auxiliary for over 45 years of unwavering support.
**CALM AUXILIARY 2015-2016**

Toni Schinnerer  
*President*  
Lynn Wells  
*First Vice President*  
Sharon Hooper  
*Second Vice President*  
Diane Dukes  
*Recording Secretary*  
Janice Ingrum  
*Corresponding Secretary*  
Terri Fawcett  
*Treasurer*  
Georgia Jameson  
*Assistant Treasurer*  
Marcia Wolfe  
*Parliamentarian*  

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Vicki Ahlgren  
Laura Barella  
Sharon Bifano  
Bev Brier  
Susan Burke  
Connie Burns  
Jean Callanan  
Jeanette Carpenter  
Susan Chapman  
Becky Cohn  
Roberta Collier  
D’Arcy Cornwall  
Darlene Cox  
Phyllis Cox  
Eleanor Cunningham*  
Sharon Curry  
Suzanne Fairly  
Barbara Flanigan  
Mary Ann Froley  
Nancy Fromholtz  
Carolyn Fryer  
Carolyn Gillio  
Ann Hammond  
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Kathy Hughes  
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Louise Liscombe  
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Martha Rogers  
Jane Runyen  
Zoe Schultz  
Carole Sterpa  
Caroline Sweet  
Sissy Taran  
April Thede  
Sunni Thomas  
Pam VanBlarcum  
DiAnne Voorhees  
Lynn Wells  

**HONORARY MEMBERS**  
Marguerite Berti  
Joanie Chackel  
Julie Freedman  
Edith Fulco  
Terri Gough  
Anna Kokotovic  
Stephanie Ortale  
Marlene Perrizo  
Norma Jean Shaw  
Marty Silverman  

* in memoriam

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**calm Volunteers**

**CALM needs you.**

You can help make a difference in the life of a child by volunteering your time, talents and energy for two hours a week. Volunteers provide childcare for our clients, thereby reducing barriers to seeking help.

A special thank you to our 2015-2016 Volunteers:

- Kathie Aparicio
- Michelle Bakhshi
- Dawn Barnier
- Rylee Bonilla
- Alison Conway
- Price Cusolito
- Kate Douglas
- Emily Eccles
- Karen Garcia
- Lucero Garcia
- Candice Golembio
- Omar Gonzalez
- Susie Halsell
- Lauren Hughart
- Kaley Jorgensen
- Jillian Juni
- Erin Kim
- Michelle Kim
- Beverly Li
- Desiree Lino
- Ying Liu
- Kara McGinley
- Ribekah McNeal
- Emila Moodley
- Melanie Moradi
- Dezirae Navarro
- Anne Nguyen
- Devin Nigh
- Lara Park
- Kenneth Pessino
- Athena Phang
- Iris Ramirez
- Raquel Rohm
- Elie Schwartz
- Angelica Villalobos
- Lauren Winczewski
- Mimi Xu

Please call Ann Bryant, Volunteer Coordinator, at (805) 965-2376, ext. 258 to volunteer today!
The 2015 holiday season was a rush of gift wrapping, shopping trips, brightly colored bows and exclamations of joy. Thanks to your kindness, over 1,000 children across Santa Barbara County had a gift (or many) to open for the holidays. This act of generosity is more than a gift; it shows the families that they live in a community that cares.

A special thank you to our caring Adopt-A-Family supporters!
“You as an organization have done so much for me and my family, especially our healing.”

– Mother
Family of Support

Guardian Angels
$25,000 and above
Anonymous*
James S. Bower Foundation*
CALM Auxiliary*
Patricia and Larry Durham* ELAR Fund Thistle and Rose Foundation Wood-Claeyssens Foundation* Yardi Systems*

Heroes
$10,000 - $24,999
Valerie and Glenn Alger Peggy and Dan Blough La Centra-Sumerlin Foundation* Cindy and Steve Lyons* Mithun Family Foundation* Montecito Bank and Trust* Nanette and Henry Nevins* Joanne and Brian Rapp Santa Barbara Foundation Maryan Schall* Schuler Family Foundation Mark and Dorothy Smith Foundation St. Peter’s Episcopal Church Thatcher Foundation* The Towbes Foundation* Union Bank Foundation Voliente Family Foundation Williams-Corbett Foundation*

Counselors
$2,500 - $4,999
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Guardians
$1,000 - $2,499

Role Models
$500 - $999

Role Models
$500 - $999

Beverly and James Zaleski
The Y of Santa Maria Valley
Valerie Williams
Pegeen and Kevin White
Shirley and Ken Waxman
Marlene and Bob Veloz
Toyota Scion of Santa Maria
Nancy States
LaNelle P. Spence
Senior Living Resources, Inc.
Adele Rosen
Sharla and Gilbert Rodriguez
Adèle Rosen*
Stevie Powell
Caroline and David Powers
Kevin Riley
Sharla and Gilbert Rodriguez
Adele Rosen*
Phyllis Ruddle
Santa Barbara County LMCC
Fund
Toni and Steve Schinnerer
Zorina Schultz
Judy Bennett and Stephen
Schweitzer*
Judy and Dale Seborg*
Senior Living Resources, Inc.
LaNelle P. Spence
Nancy States
Toyota Scion of Santa Maria
Marlene and Bob Veloz
Susie and Hubert D. Vos*
Shirley and Ken Waxman*
Pegeen and Kevin White*
Valerie Williams
The Y of Santa Maria Valley
Beverly and James Zaleski
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Barrett
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Carpinteria Lions Club
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Jule Chacko*
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Kaye Addington
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Barbara Cooke Ahiman*
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Lynn Allen
Rosa and Michael Alvarado
Susan and David Alvarado
Judith and Larry Anderson*
Rebecca Anderson*
Andrew Murray Vineyards
Mary Andrews-Dalbey*
Ali Angelopoulos
Judy and Bruce Anticouni
Dr. and Mrs. Mounir L.
Ashamalla
Marjorie Bailey
Beverly Balash
Nicole and Sam Ballas

* denotes 5 or more years of consecutive giving to calm

Family of Support
denotes 5 or more years of consecutive giving to calm

Visit us and learn more about CALM.
To arrange a tour, please call the Development Office at (805) 965-2376 or email lgoodman@calm4kids.org.
O’Connor Pest Control
Stephanie and Richard Ortale
Sally Ostini
Dr. William J. Otto
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Terry and Art Sturz
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You Can Help calm

CALM’s kids rely on you.

Here are some of the many ways you can help. To learn more, please contact Lori Lander Goodman, Chief Development Officer, lgoodman@calm4kids.org or (805) 965-2376.

- Make a donation
- Shop with AmazonSmile—just name CALM as the beneficiary
- Include CALM in your estate planning
- Donate action figures, board games, art supplies, or diapers
- Volunteer
- Schedule a site visit to CALM with a friend
- Organize your school, business, or friends to Adopt-a-Family
- Host an informational gathering about CALM in your home

Your support matters!

CALM’s prevention and treatment is effective and efficient. But, we could do so much more.

With your help, we will expand our reach and change the lives of even more children next year.

This list represents gifts made to CALM from July 1, 2015 through June 30, 2016. Every effort is made to be accurate. Please bring any errors or omissions to the attention of our Development Office at (805) 965-2376. Thank you.

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* Denotes a gift in memory of a loved one.
Join us at these events

CALM at Heart: Awakening
November 10, 2016

Antiques, Decorative Arts & Vintage Show and Sale
January 27-29, 2017
May 12-14, 2017

31st Annual Celebrity Authors’ Luncheon
March 4, 2017

Child Abuse Prevention Month
April 2017

Ladies Get Loud for CALM
April 27, 2017

Santa Barbara Gift Show and Sale
May 13, 2017

calm4kids.org