



For Immediate Release

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CALM Creates Psychology Department to Meet Community's Growing Need for Comprehensive Psychological Services

Santa Barbara, CA – CALM is pleased to introduce their newly formed Psychology Department, led by Dr. Jessica Adams, who has been with CALM for 10 years and currently serves as their Director of Psychological Programs. CALM recognized a growing need for comprehensive psychological assessments as part of the broad spectrum of services offered to their clients, and in response has decided to form this new department.

The Department consists of two psychologists, Dr. Jessica Adams and Dr. Richard Solomon, and ten psychology doctoral students from several local universities including UCSB, Pacifica and Antioch. The primary areas of focus of the Psychology Department are to conduct research and provide comprehensive psychological assessments for clients and community referrals. These assessments include measures that evaluate functioning in areas such as: cognitive and executive functioning, personality, and memory. Testing concludes with a thorough written report of the results, and discussions with the client and/or parents, including recommendations for treatment and suggestions to improve functioning at home, school and other settings as appropriate. The testing may also include advocacy and consultation with schools or other agencies.

“The formation of the Psychology Department represents an exciting move to support and promote the unique skills of psychologists in the areas of assessment and research, explained Dr. Jessica Adams, CALM’s Director of Psychological Programs. “We’re able to offer more comprehensive services for our community, while also providing an excellent training opportunity for local doctoral-level psychology students.”

CALM, Child Abuse, Listening and Mediation, was founded in 1970 to reach stressed parents before they hurt their children. CALM continues to be the only non-profit agency in Santa Barbara County focusing solely on preventing, assessing, and treating child abuse and family violence through comprehensive, cutting-edge programs. CALM offers children, families, and adults a safe, non-judgmental, caring and strength-based environment to heal and increase family well-being. For more information about all of CALM’s services, please call 805-965-2376, or visit www.calm4kids.org.

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