

# Lunch and Learn: Group Facilitation Skills

**Date:** Wednesday, August 14<sup>th</sup>, 2019

**Time:** 12pm-1pm

**Location:** CALM Santa Barbara 1236 Chapala St. Santa Barbara, CA 93101

**Cost:** Free

**Presenter:** Daniel Parra Hensel

Daniel is an experienced educator with a demonstrated history of working with many ages from elementary school to college level demographics in the fields of ecological literacy, ecological design, and land stewardship. Background in permaculture education, Nonprofit organizations, group work, and curriculum development. With a strong consulting professional background. Daniel is adjunct faculty at the Santa Barbara City College in the Department of Environmental Horticulture, is the Vice President for the Quail Springs Permaculture Board of Directors and was recently accepted to join the 2019-20 cohort for the Kathrine Harvey Fellowship offered by Leading From Within. Daniel is passionate about creating resilient alternatives and solutions to local challenges that fall at the intersection of environmental degradation and social inequality.

**Learning Objective:** The purpose of the training is to introduce the fundamental concepts and basic tools behind participatory group process and facilitation. The goal is to help CALM staff enhance their meeting facilitation skills to promote empowerment, mutuality, and cultural inclusivity when leading groups of clients or other staff. A clear understanding of the role a facilitator plays and the distinction between process and content will be explored. Although the skills explored are intended for meeting dynamics these skills can be utilized in clinical settings (ie, group and family therapy) as well as non-clinical settings (ie, group supervision, clinical meetings, business meetings, all staff meetings, action team meetings).

**Topics to be discussed:**

1. Tools that bring meetings to life
2. Staying on time
3. Who speaks? Who doesn't? Inclusivity and empowerment
4. Decision-making rules
5. Process tools for successful interventions

**Registration:** Please email Mariana Harms at [mharms@calm4kids.org](mailto:mharms@calm4kids.org) or call (805)965-2376 x251 to secure a spot.

**Contact:** For questions, to request any accommodations for special needs, or for any grievances, please contact Mariana Harms.

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