



## **Sandtray Therapy:**

# **A Powerful Clinical Approach to Enrich Your Clinical Work**

**Date:** July 23rd, 2019

**Time:** 9:00am-4:00pm, with a 1-hour lunch break. Please bring your own lunch. Light snacks will be provided.

**Location:** CALM Santa Barbara—1236 Chapala St. Santa Barbara, CA 93101

**Cost:** Free for CALM staff, \$95 for CBOs (includes CEUs)

**CEU Hours:** 6 Continuing Education units will be awarded for this course.

(Course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences)

### **Course Description:**

For nearly a hundred years sandtray therapy has provided a powerful clinical tool for psychotherapists. This training will focus on how to integrate sandtray therapy into clinical work with children and their families. This will include an overview of psychoanalytic (classical and relational), Jungian, Humanistic/Existential (Person-Centered and Gestalt) and Cognitive Behavioral approaches in the practice of sandtray therapy. The training will provide the opportunity for staff to complete their own sandtray as well as learn how to become effective therapeutic observers of the sandtray process. The training will also include learning the history of sandtray therapy, the materials which are essential to the development of a sandtray practice, the 6 key steps of sandtray session, how sandtray therapy can be adjunctive to talk therapy and documentation strategies to meet legal and ethical standards.

### **Objectives:**

1. Participants will learn how to integrate sandtray therapy into their clinical work with children and their families.
2. Participants will learn the 6 key steps of a sandtray therapy session.
3. Participants will learn how to integrate psychoanalytic, Jungian, Humanistic/Existential and Cognitive Behavioral therapeutic approaches into the sandtray therapy process.
4. Participants will learn how sandtray therapy can be adjunctive to talk therapy.
5. Participants will have the opportunity to complete a sandtray.

### **About the Presenter:**

Dr. Jim Broderick has been a licensed clinical psychologist since 1978. Dr. Broderick is Board Certified in Clinical Psychology. He worked in community mental health for over 29 years. During that time, he served as Mental Health Director for two county mental health and substance abuse departments in Shasta and Santa Barbara counties. In Shasta County he supervised Psychological Interns and Postdoctoral Psychological Fellows in sandtray therapy with individuals with serious mental illness. During his 12 years at the Pacifica Graduate Institute he was the Chair of the doctoral Clinical Psychology Program for six years, which included the successful development of a Doctor of Psychology (PsyD)

degree, accredited by WASC. He is currently Adjunct Faculty and is teaching a sandtray therapy course in Pacifica's PsyD Program. Dr. Broderick has been practicing sandtray therapy for over 35 years. He has a private practice in Santa Barbara which includes providing an integrative approach to sandtray therapy with a variety of clinical populations. More information about Dr. Broderick and sandtray therapy can be found on his website: [newlifesb.com](http://newlifesb.com)

**Registration:** Please email Mariana Harms at [mharms@calm4kids.org](mailto:mharms@calm4kids.org) or call (805)965-2376 x251 to secure a spot. CALM staff must have supervisor/manager approval prior to signing up. Spots are limited.

**Contact:** For questions, to request any accommodations for special needs, or for any grievances, please contact Mariana Harms at [mharms@calm4kids.org](mailto:mharms@calm4kids.org) or (805)965-2376 x251.

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CAMFT Approval # 141972

*CALM is approved by the California Association of Marriage and Family therapists to sponsor continuing education for LMFTs, LCSW, and LEPs. CALM maintains responsibility for this program/course and its content.*